

431 Ministries

# 2023 Annual Report

Known. Seen. Loved.™





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2016

Founders Justin and Rachel Peck invited a single mom and her daughter to live with them when she was facing homelessness. In the nine months they lived in community, the single mom gained practical skills, confidence, and grew her faith in the Lord.

2018

On May 10, 2018, 431 Ministries was founded, our name was established and our mission was defined.

2020

The first iteration of the Side-by-Side Program was created with all the Care Team components — personal and financial mentors, a licensed professional counselor, and a staff member to guide the way.

2021

Three major annual events were added to the ministry: the Known Seen Loved Celebration, the Hope in Healing grief retreat, and a fall fundraising gala.

2023

The Mission and Vision statements were refined to reflect the growth and impact that 431 Ministries continues to have, and the Re:Store Me Assessment was formally launched!

## A Note From Our Director

If you had asked me five years ago what I thought 431 Ministries would look like in 2024, I would have cast a vision of a place for single moms. I was passionate about the issues I saw, and the life change I knew was possible. But I would have limited our reach to a single set of rooms and beds, chairs and meals, jobs and childcare spots.

I had no idea how much more the Lord had in mind or the exponential impact that would occur when I released my initial vision. And that was one of the hardest lessons of 2023.

My singular focus on a building, single mothers, and what growth should look like shifted this year. The Lord established a team—a board of directors, staff, and a community of men and women who have walked a similar journey—and used them to show me the larger impact He wanted to have through 431 Ministries.

For the past five years, we have been known as “the single mom’s ministry.” But we are so much more than that. Today, we get to daily offer opportunities of hope and a plan to ANY woman who has been through a hardship or is facing one: in widowhood, through grief experiences, after the loss of a spouse to divorce, in single motherhood, after relational abuse/abandonment, living in post-sobriety or facing a place of uncertainty. And so this fall, our vision was refined to reflect that WE ARE A PLACE WHERE ALL WOMEN ARE KNOWN. SEEN. LOVED.™

So, as we enter 2024, my passion will not decrease. In fact, the urgency around these issues has increased tenfold and empowering the community to take part in a solution is critical. So my request this year is the same one that Paul had in Ephesians 6:19-20: *“Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.”*

The Lord’s hand of favor has been on this ministry from the beginning, and it is humbling and an honor to be on the front lines. We don’t want to do it without you, so this is your invitation.

Won’t you join us in making the gospel known in 2024?

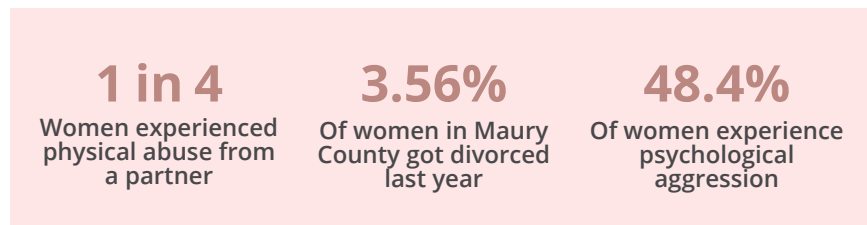
# Needs of Middle TN

Going through a hardship often feels overwhelming and uncertain—the feeling of wanting to move forward but also feeling stuck in the present. Women facing, leaving, or revisiting hardship may not have the support they need for hope. Grief, fear, isolation, or anxiety may be holding her back.



Some things our ladies may be experiencing:

- Widowhood
- Grief
- Loss of a spouse to divorce
- Single motherhood
- Relational abuse or abandonment
- Post-sobriety
- A place of uncertainty



# Filling the Gap

431 Ministries serves women who have experienced hardship—offering opportunities to develop hope and a plan for an independent future.

Women who are in a difficult situation—whether by their choice or not—need education, skills, and a community not only to help them overcome current challenges, but to avoid similar situations in the future.

Having an “independent future” means our ladies can live confidently on their own but not by themselves—they’ll have an ongoing community to support them and walk with them through whatever they face.

Whatever the circumstances of the women who walk through our doors, fill out our forms, or call our office, we want to love them, support them, and equip them to face whatever comes next.

**Our vision:** We are a place where all women are known, seen, and loved.

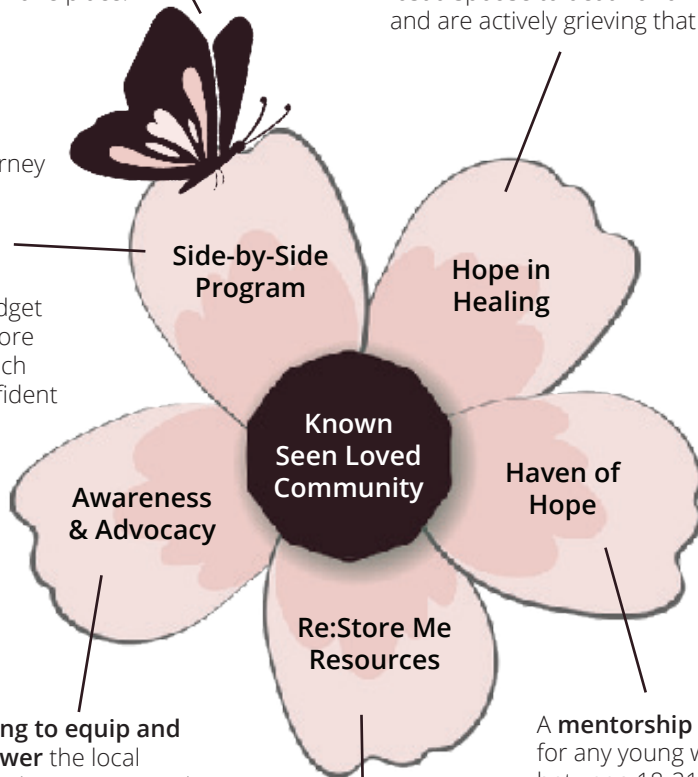


# The 431 Flower

We use the butterfly as a **representation of our ladies**, because they are served and serve within multiple petals of 431. Just like a butterfly, our ladies don't stay in one place.

A **community discipleship** journey composed of professional counseling, mentoring, life skills classes, budget coaching, and more designed to launch women into confident independence.

These **retreats and support groups** are for women who have lost a spouse to death or divorce and are actively grieving that loss.



**Training to equip and empower** the local church, businesses, and the community at large to have a better and more focused impact on women coming out of crisis.

An **online community and digital resource library** specifically selected to help women know they are not alone and encourage them to participate in our global KSL Community.

A **mentorship program** for any young woman between 18-21 needing safe, transitional housing assistance.

# The Presence of Grief

Grief is a common thread through each petal of 431 Ministries. Whether it's the loss of a spouse, shifting expectations of a future, or coming to recognize abuse, the hardships we serve come with working through seasons of grief.

The Hope in the Valley Conference added in 2023 aimed to do exactly that. It unwrapped some of the complexities of grief and reminded attendees that emotions, including grief, are a gift from the Lord. A community of women came together to learn and grow, and be reminded that worship, gratitude and surrender are part of healing.

The Conference works in tandem with the Hope in

Healing Retreat as well as other Re:Store Resources to remind all women that grief and joy can coexist, and each new season can make it easier to bear.

When a woman who has been through hardship learns how to grieve well—be it a person, a situation, a future, or even simply expectations—only then can she learn to heal well.



## Participant Testimonials

"You guys are a great resource for women in need. You guys help me get my feet on the ground and anytime I reach out to you, you've always had an answer. And if you didn't have an answer, you found one and helped me get an answer to the problem."



"It's about learning how to be independent. And as I'm using the resources and the tools and making progress, the changes I see in my kids are incredible. They're closer to the Lord and they are building their faith and they see the change in me."

"The Side-by-Side Program has allowed my children and I to attend counseling and start to heal. I've started to let down the walls I had up between God and I due to shame and hurt. The women at 431 love me well, and they always point me back to God."



## Event Testimonies



"I felt completely comfortable at a table with women I hadn't met before. Everything was absolutely beautiful and it was an amazing and refreshing evening that I desperately needed! The staff and volunteers did an amazing job and God's presence was very evident."  
*Known Seen Loved Celebration*

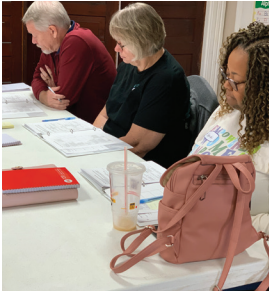
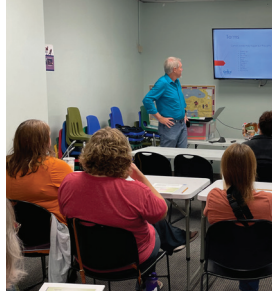
"I have a more relaxed, calmer attitude towards moving forward with the grieving process. I know it will take time. I know God will be right beside me leading me. After the conference, I knew I was okay, I wasn't missing His direction, and it's okay to be where I'm at."  
*Hope in the Valley Conference*



"This was by far the best retreat I've ever attended. The women rallied around each other and supported and encouraged each other. It hit me that I was standing in God's way, not only for myself but for my ex, and I was finally able to release my ex-husband to God."  
*Hope in Healing Retreat*



# 2023 at a Glance



# 2023 by the Numbers

34

Grief event attendees

137

Celebration attendees

210

Volunteers who served

109

Formal requests for help

22

In-person intake meetings

53+

Hours spent in court with clients

256

Individuals gave financially



35%

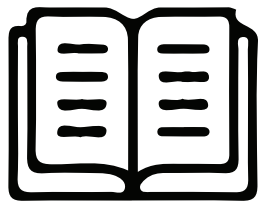
Average assessment score on entering the Side-by-Side Program

389

Total women served

51

Business partners gave financially



86%

Average assessment score graduating the Side-by-Side Program



167

Side-by-Side counseling sessions



9

Church partners gave time, talent, & treasure



1520

Total Volunteer Hours

*(That's equal to 63.3 days!)*

54

Women attended Family Meals

4

Mentor Trainings

40

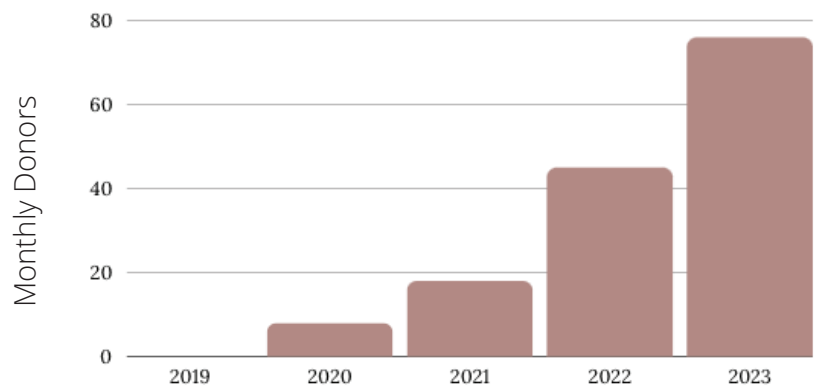
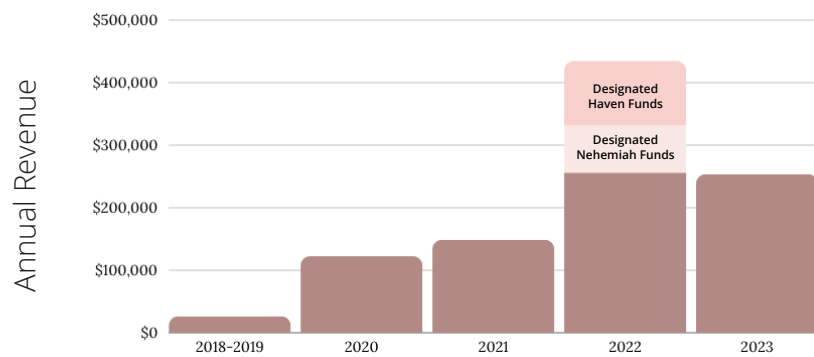
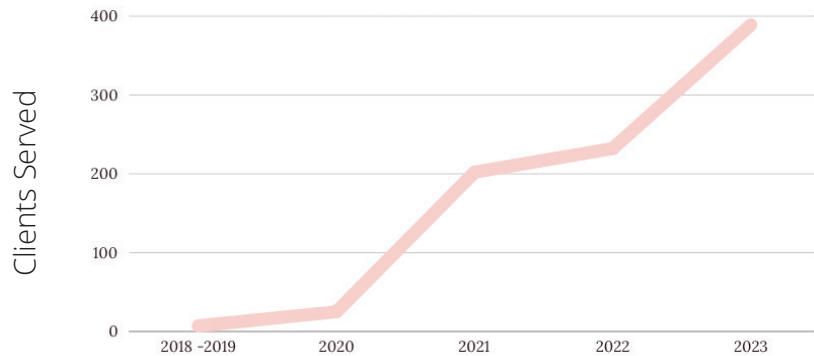
Trained mentors

739

Total number of mentor hours given



# Celebrating 5 Years



# New Office Update

And the Lord is faithful! Toward the end of 2023, we partnered with Cowork, Inc., to open our new offices in the heart of Spring Hill! With the help of many volunteers and the Spring Hill Chamber of Commerce, we celebrated opening our doors with a ribbon cutting in December.

We're so excited to have a new space to work in and welcome our ladies to. This new space will allow us to have an even greater impact in our community and we are looking forward to how God will move. Come visit us soon at 220 Town Center Parkway, Suite 140!



# Looking Ahead

*At our 2023 Rooted in Hope Gala, we announced our three key initiatives for 2024.*

## Launch the Re:Store Me Assessment

We're working towards making it and its training fully available to the public.

## Increase the Capacity of the Side-by-Side Program

We're working towards increasing the Side-by-Side and Haven Program(s) to serve

- 20 participants simultaneously
- 60 trained mentors
- 35 trained practical advisors

## Expand the Known Seen Loved Community Opportunities

We're working towards

- Increasing the number & type of classes
- Doubling the number of Family Meals;
- Launching new quarterly 4-week Bible Studies

To read more about the initiatives on our website, scan the QR code.





**431 Ministries, Inc.**

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